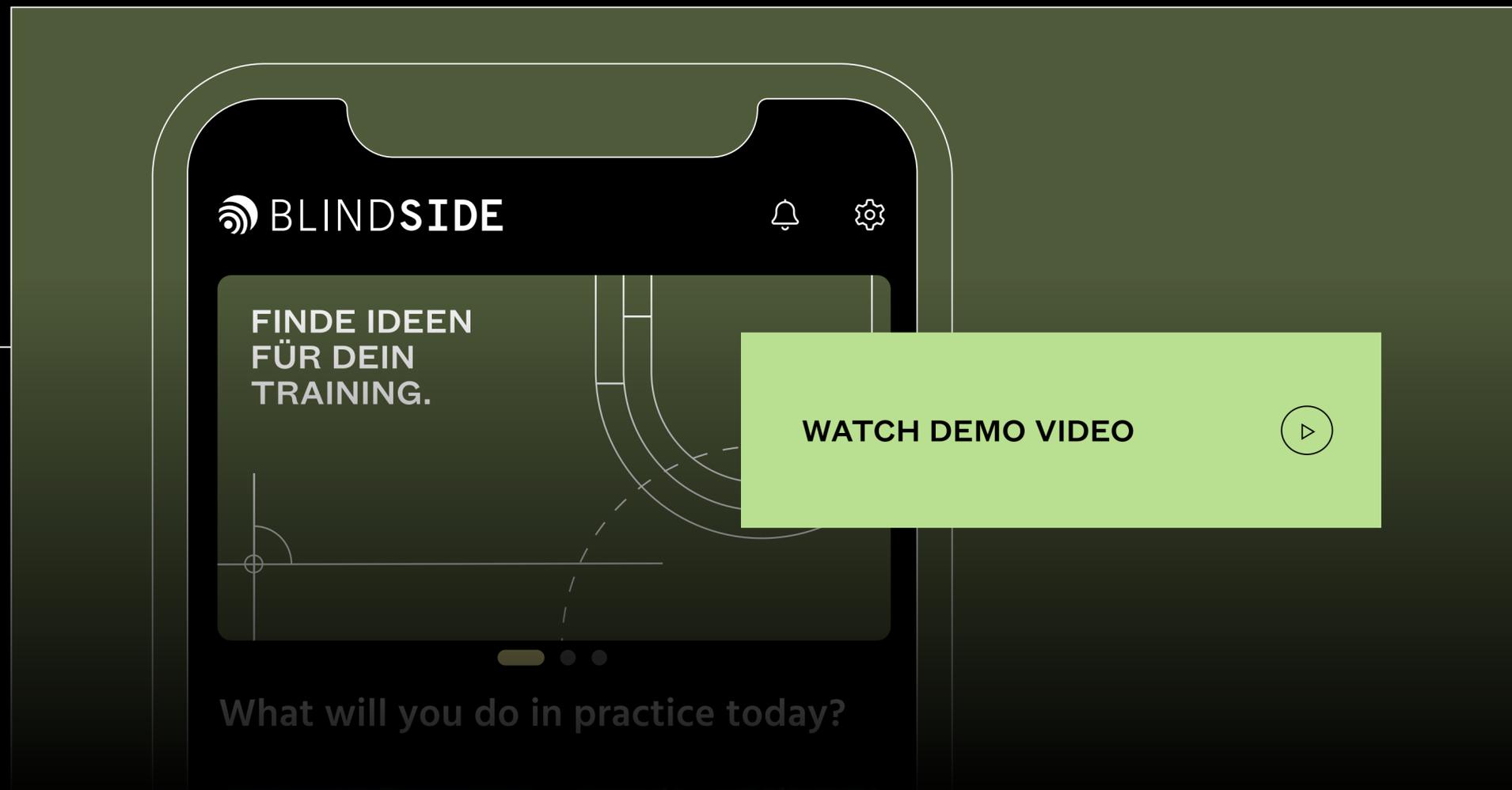

A group of five diverse individuals (three men and two women) are standing in a gym or sports facility. They are dressed in athletic attire. The woman in the center is wearing a bright yellow long-sleeved shirt and a dark cap, with her arms crossed. The man next to her is wearing a red t-shirt with a black lanyard around his neck that has 'BLINDSIDE' written on it. The other three people are wearing dark jackets or shirts. The background shows a large, modern building with a grid-like structure and windows.

DIE APP FÜR TRAINER:INNEN.

 BLINDSIDE



WAS IST BLINDSIDE?

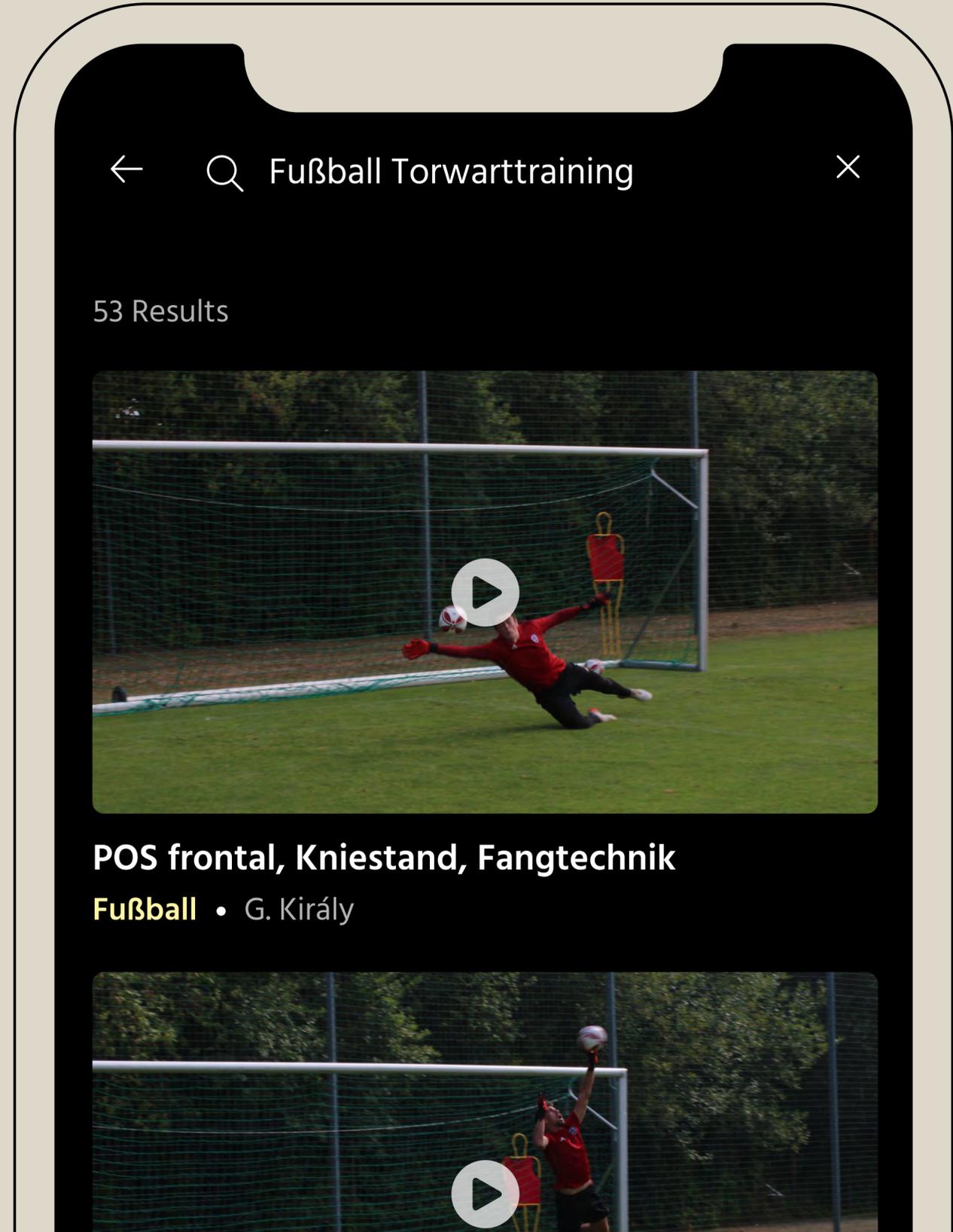
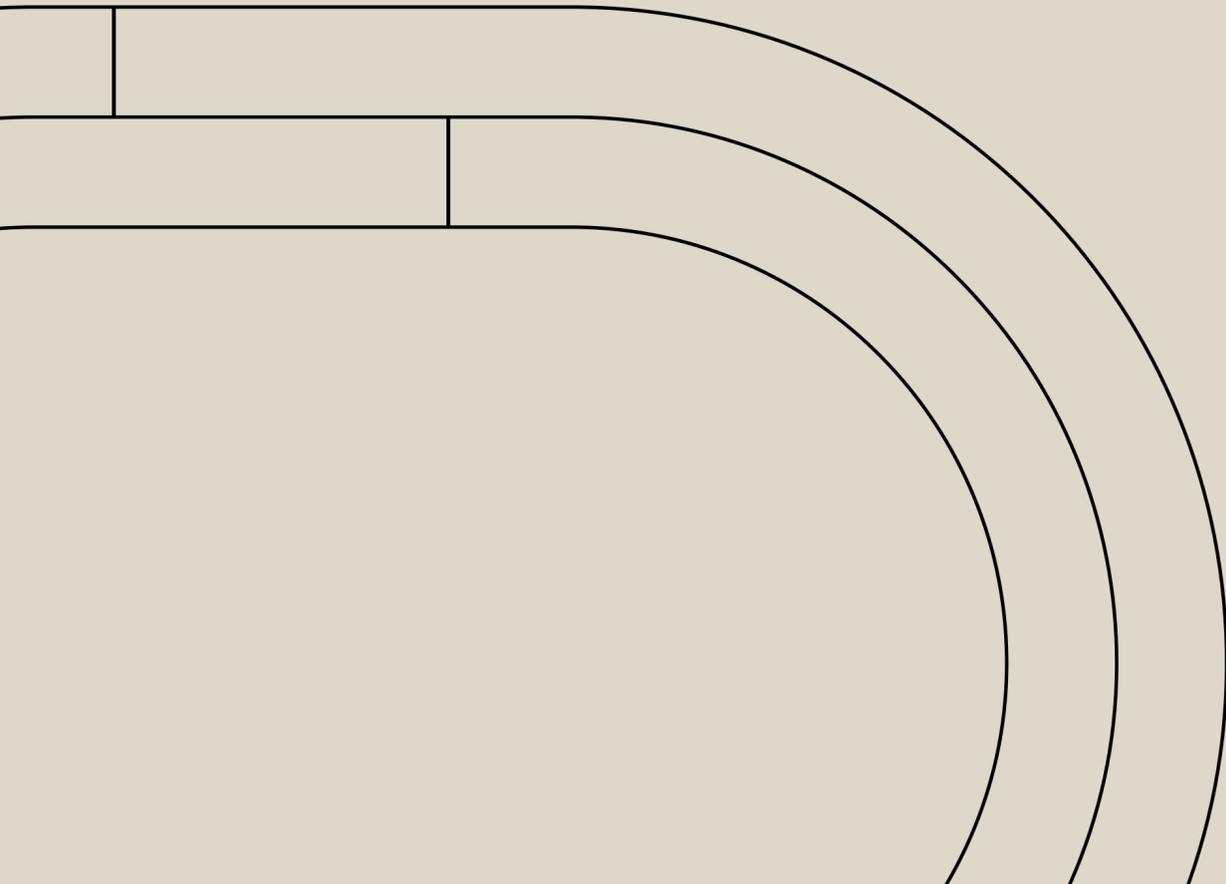


Blindside ist die Social Training Plattform für Coaches und Athleten im Individual- und Teamsport.



DISCOVER.

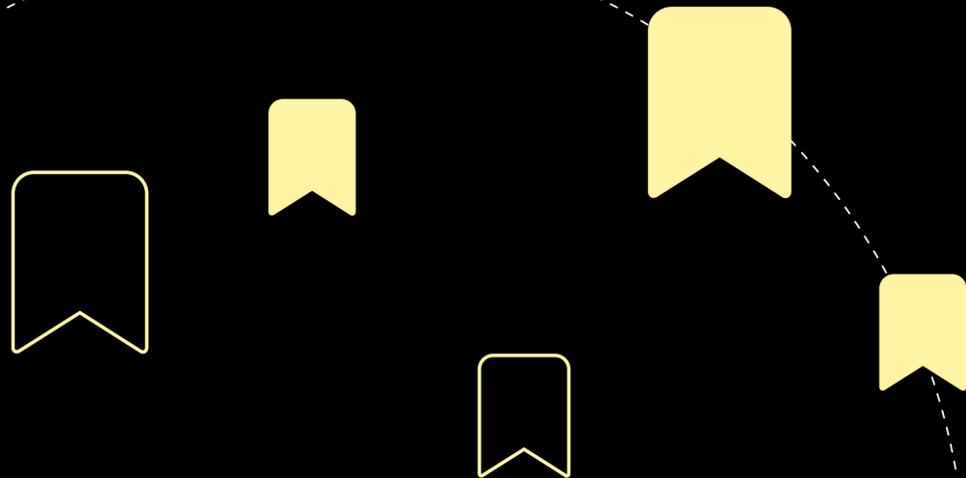
FINDE TAUSENDE ÜBUNGSEIDEN MIT VIDEOS.





COLLECT.

**SPEICHERE DEINE
FAVORITEN IN DEINE
SAMMLUNG.**



← ×

1/10 Anhänge

ÜBUNG

Shooting Under Pressure - Midrange Drill

Russell Westbrick

Global • Erstellt 18.07.2022

TAGS

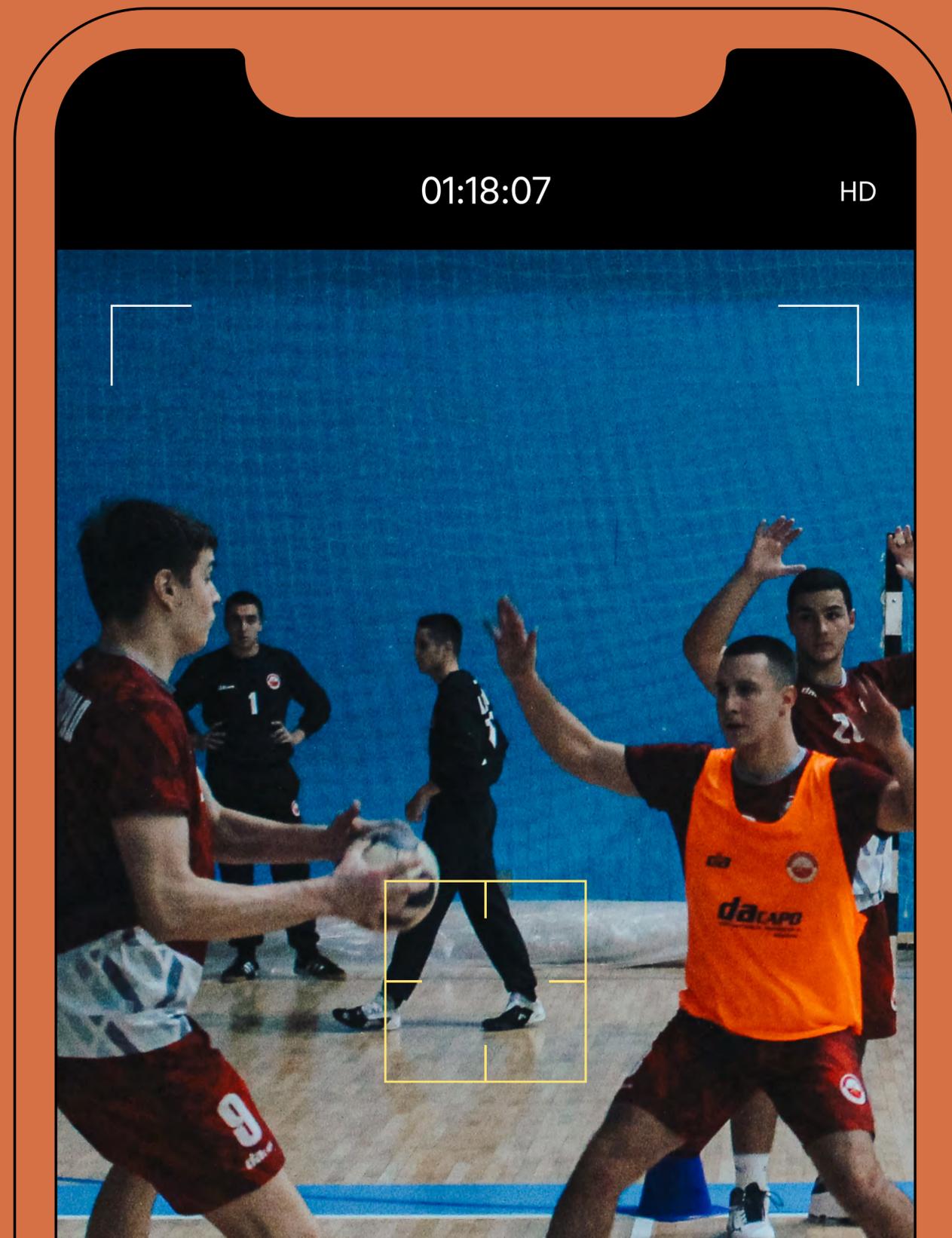
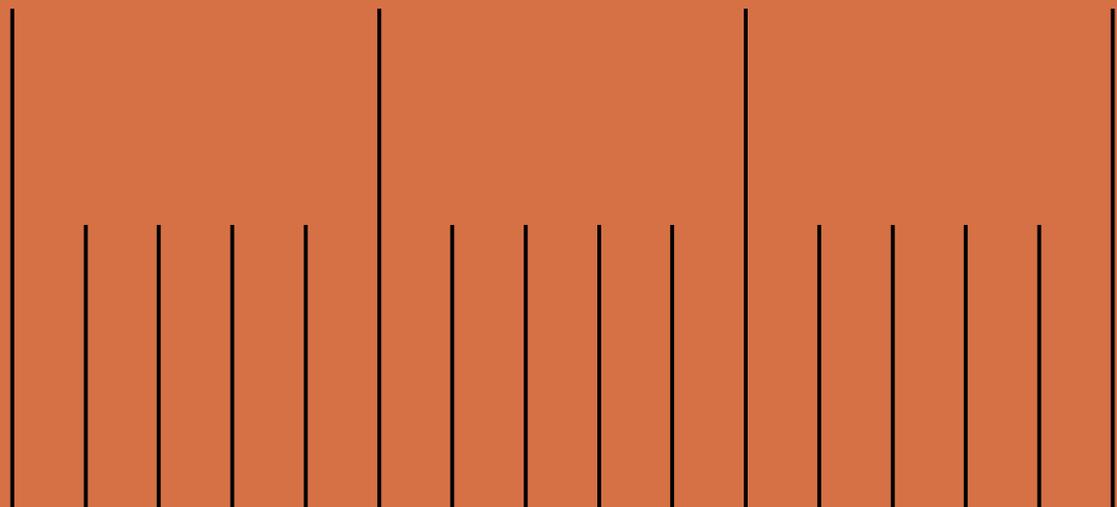
Übung zu Favoriten hinzugefügt

Basketball Wurftechnik Offense



SHARE.

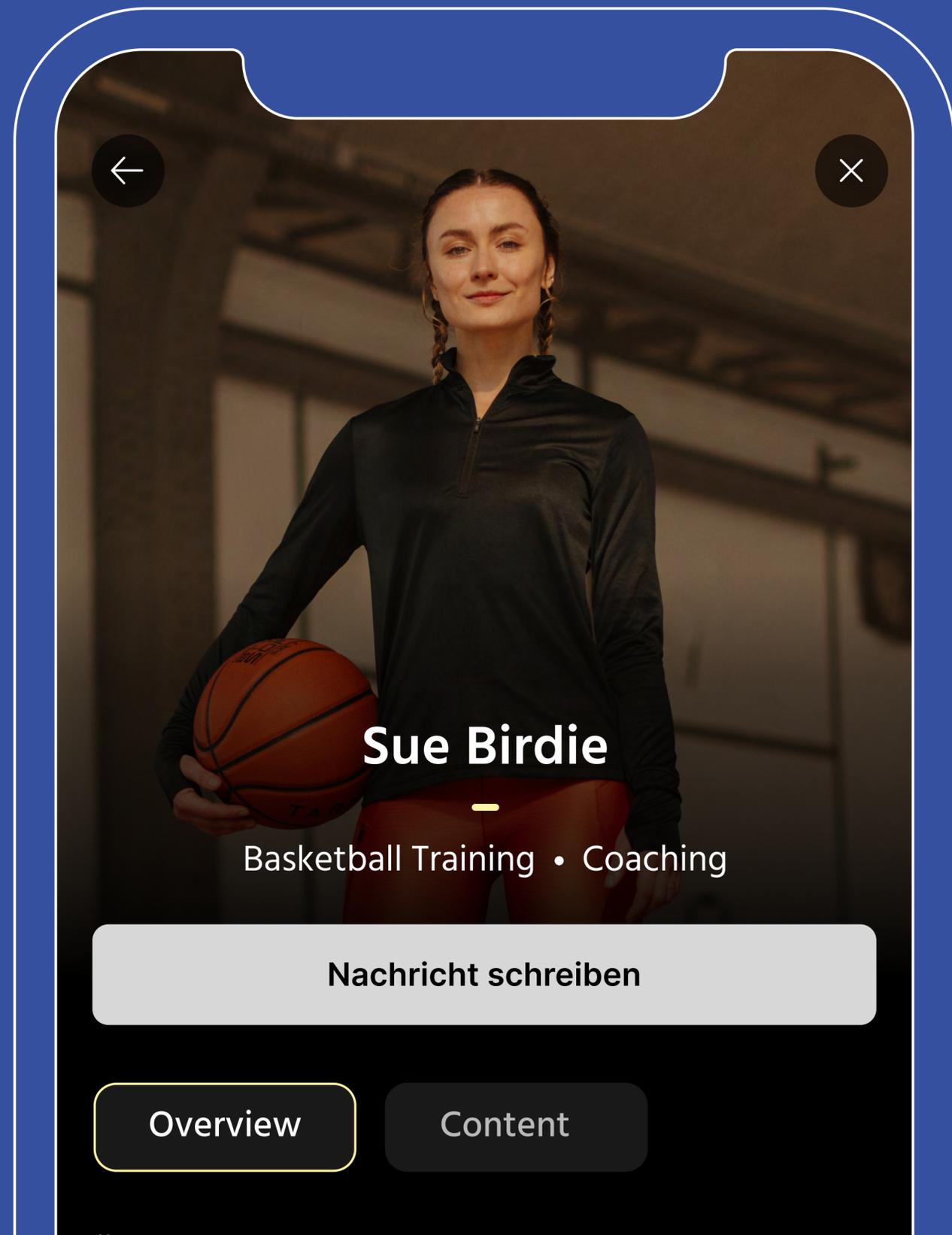
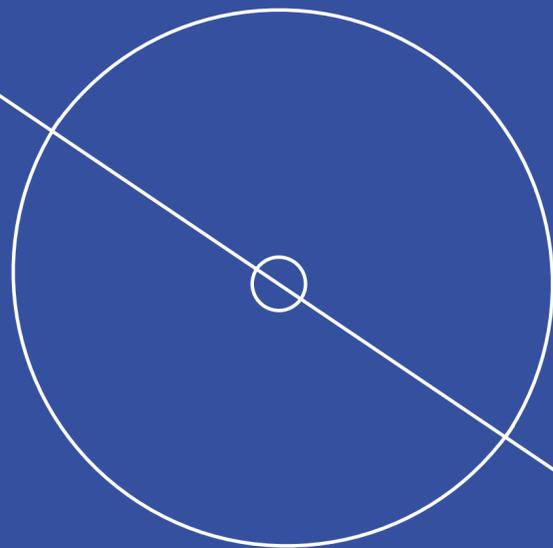
ERSTELLE & SPEICHERE TRAININGSINHALTE.





CONNECT.

ENTDECKE,
WAS ANDERE
TRAINER:INNEN TUN.





YOUR BENEFITS.

- **VEREINFACHTE TRAININGSPLANUNG
MIT NEUEN ÜBUNGSEIDEN**
- **FÜR ALLE ALTERSKLASSEN UND NIVEAUS**
- **THEMENSPEZIFISCHE COLLECTIONS UND
DIE LIEBLINGSÜBUNGEN AUF EINEM BLICK**
- **ALLES IN EINER APP**
- **KOSTENFREIER ZUGANG**



MACH TRAININGS, DIE DEINE SPIELER:INNEN LIEBEN!



DOWNLOAD NOW!





KONTAKTIERE UNS.

**JOSEFINE
GORKA**

+49 (0)1578 66505232

gorka@blindsidede.pro

Blindsidede HB GmbH
Franz-Ehrlich-Straße 12 12489 Berlin

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