

| Datum/Uhrzeit | Team | TS/TGL | Halle/Ort |
|----------------------|-------------|---------------|------------------|
| 07.01.19/18.30-20.45 | 05w | TS | Schöneck |
| 12.01.19/09.00-13.00 | 04w | HTL | HD-SZN2 |
| 12.01.19/09.00-13.00 | 06w | HTL | Neureut SH2 |
| 19.01.19/09.00-13.00 | 05w | HTL | HD-SZN2 |
| 21.01.19/18.30-20.45 | 06w | TS | Schöneck |
| 28.01.19/18.30-20.45 | 04w | TS | Schöneck |
| Datum/Uhrzeit | Team | TS/TGL | Halle/Ort |
| 07.01.19/18.30-20.15 | 03m | TS | Östringen StH |
| 11.01.19/18.30-20.30 | 05m | TS | KA-WPH |
| 12.01.19/09.00-13.00 | 04m | HTL | Kronau TH |
| 19.01.19/09.00-13.00 | 03m | HTL | Kronau TH |
| 21.01.19/18.30-20.15 | 04m | TS | Östringen StH |
| 26.01.19/09.00-13.00 | 05w | HTL | HD-SZN1 |
| 28.01.19/18.30-20.15 | 03m | TS | Östringen StH |